



Laura Fitch, AIA, LEED BD+C | Fitch Architecture & Community Design

Laura Fitch has been involved in the programming and design of over thirty cohousing communities.



Mosaic Commons Cohousing - Berlin, MA
Full Services for 34 units of housing and common house



Jamaica Plain Cohousing - Jamaica Plain, MA
Urban infill of 30 units of housing and common house, programming of all aspects of project, schematic design in collaboration with DHK, Inc.



Pioneer Valley Cohousing - Amherst, MA
32 units of housing and common house, full services in collaboration with Kitchell & Austin Architecture & Community Design



Cohabitat Quebec – Quebec City, QC
Urban reuse and infill, 42 units of housing and common house; site and common house programming and other workshops in collaboration with Atelier Pierre Thibault and Tergos, Inc.



Raven's Roost Cohousing – Anchorage, AK
Programming, schematic design, and design development and collaboration with local architects



Pathways Cohousing - Northampton, MA
Full services for 24 units of housing and common house with Margo Jones, Architects



Welcome to
Pioneer Valley Cohousing
120 Pulpit Hill Rd

← Units 1 - 32
Common House
Deliveries
Guest Parking
(left side)

Units 1 - 32
(foot path) →

← Emergency +



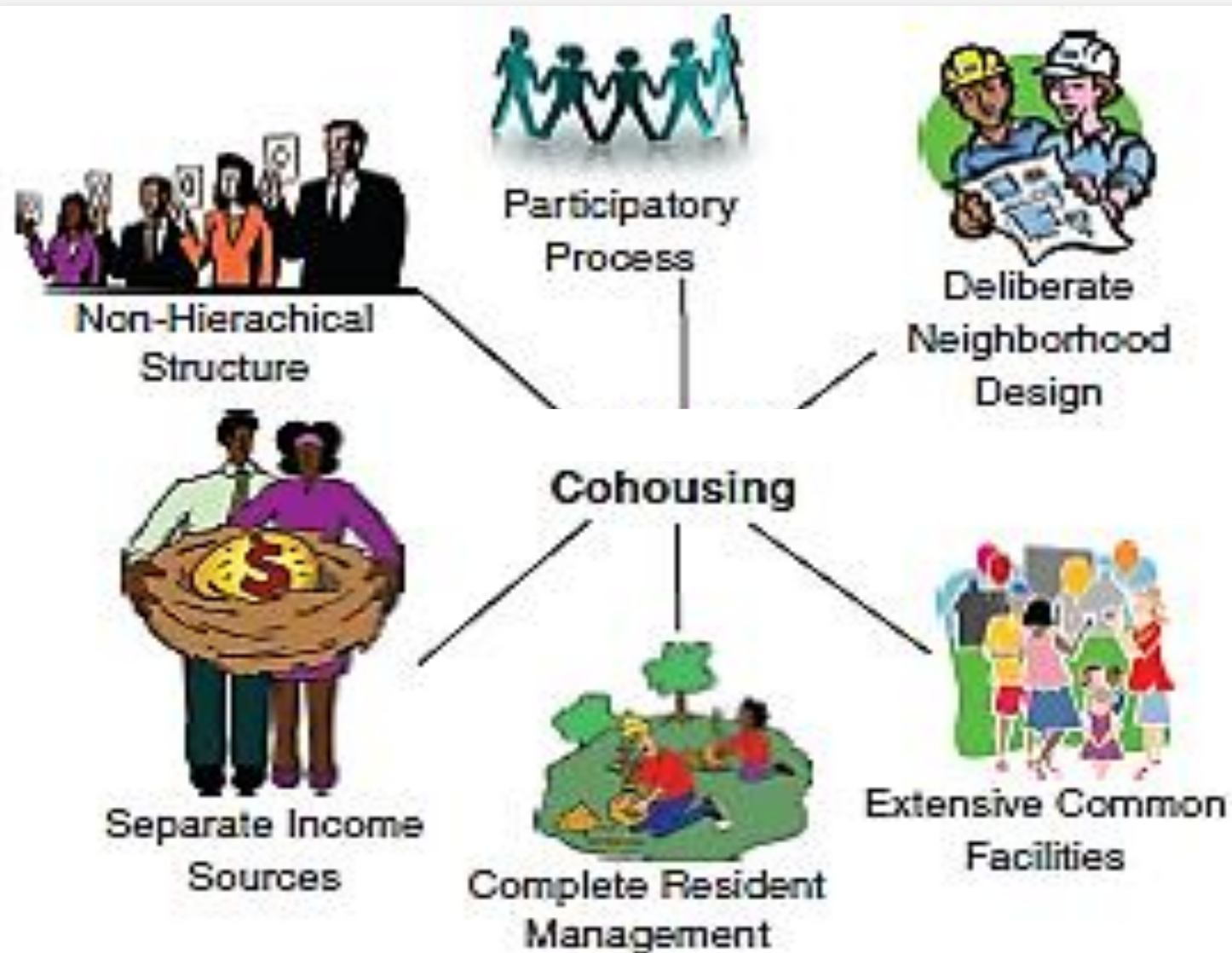


O que é cohousing?

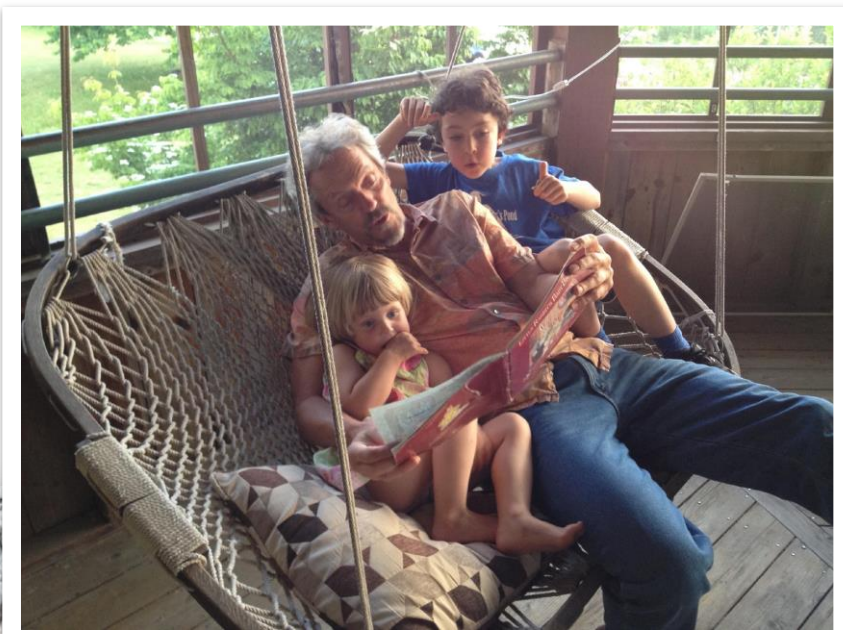
Culture has changed, Aging population
t Baby Boomers want to design their own solutions for aging with dignity.
Intention to know neighbors and share community-based resources







Cohousing Multi-geracional



Senior Cohousing



... “o fator mais forte para a felicidade [é] a conexão social.”

... Todos os outros fatores objetivos da felicidade, incluindo dinheiro, educação e saúde, são apenas levemente correlacionados com a felicidade ”.

**Handbook of Psychology,
by Irving Weiner and Donald Freedheim**

10 Reasons Senior Cohousing was Chosen

1. Health – others to help keep fit & caregiving
2. Safety and Security
3. Connection
4. “Don’t want to be a burden to my children”
5. The food
6. Impact on the planet
7. Kindred spirits
8. Reduced maintenance
9. Appropriately sized
10. Financial good sense



Common Characteristics of Cohousing

Common Characteristics

Establishing Relationships

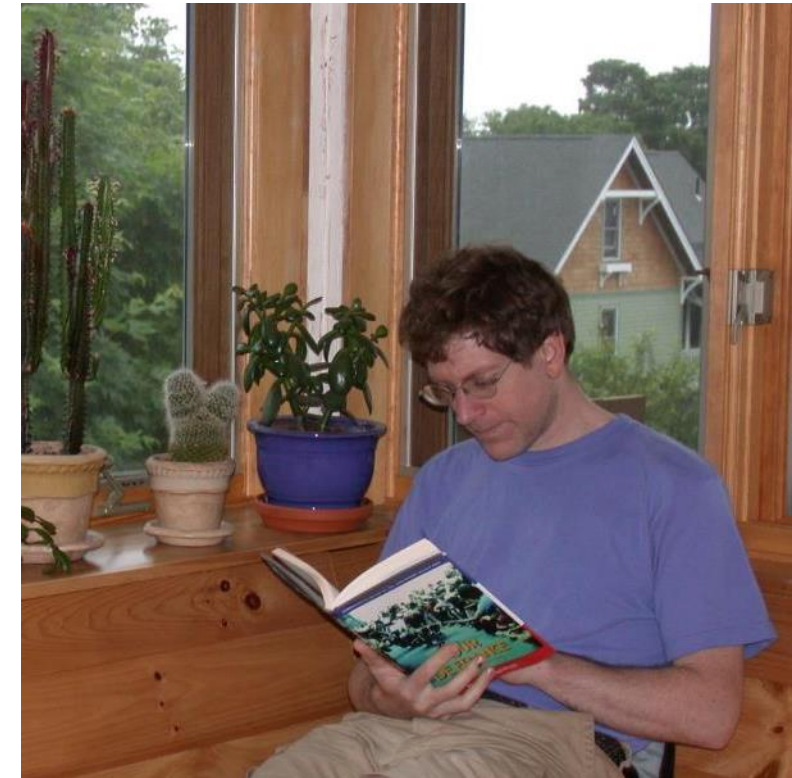


Common Characteristics
Design & size promote
interaction



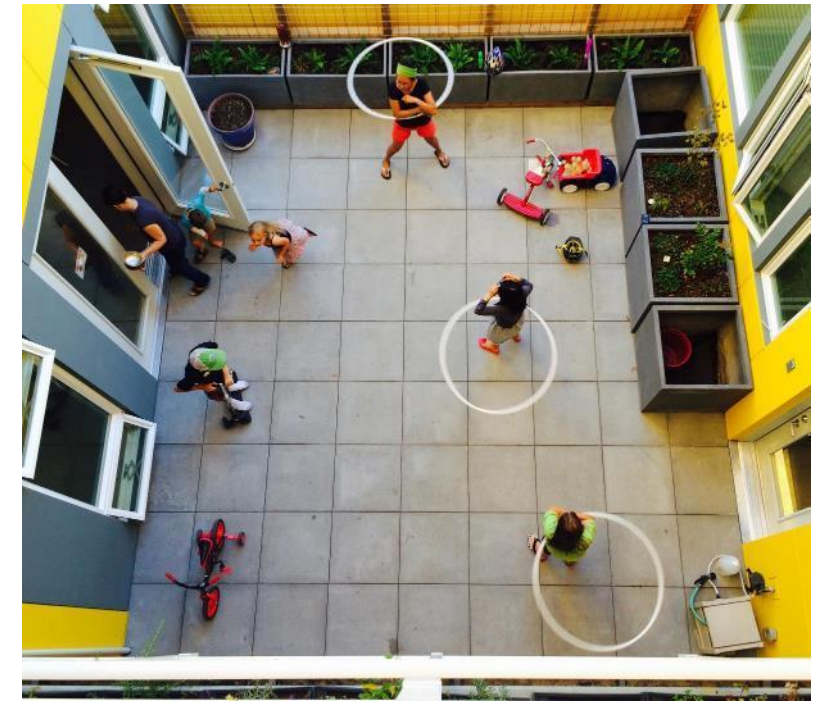
Common Characteristics

Privacy within your home



Common Characteristics

Community at the doorstep



Dining Room

Kitchen

Living Room

Guest Rooms

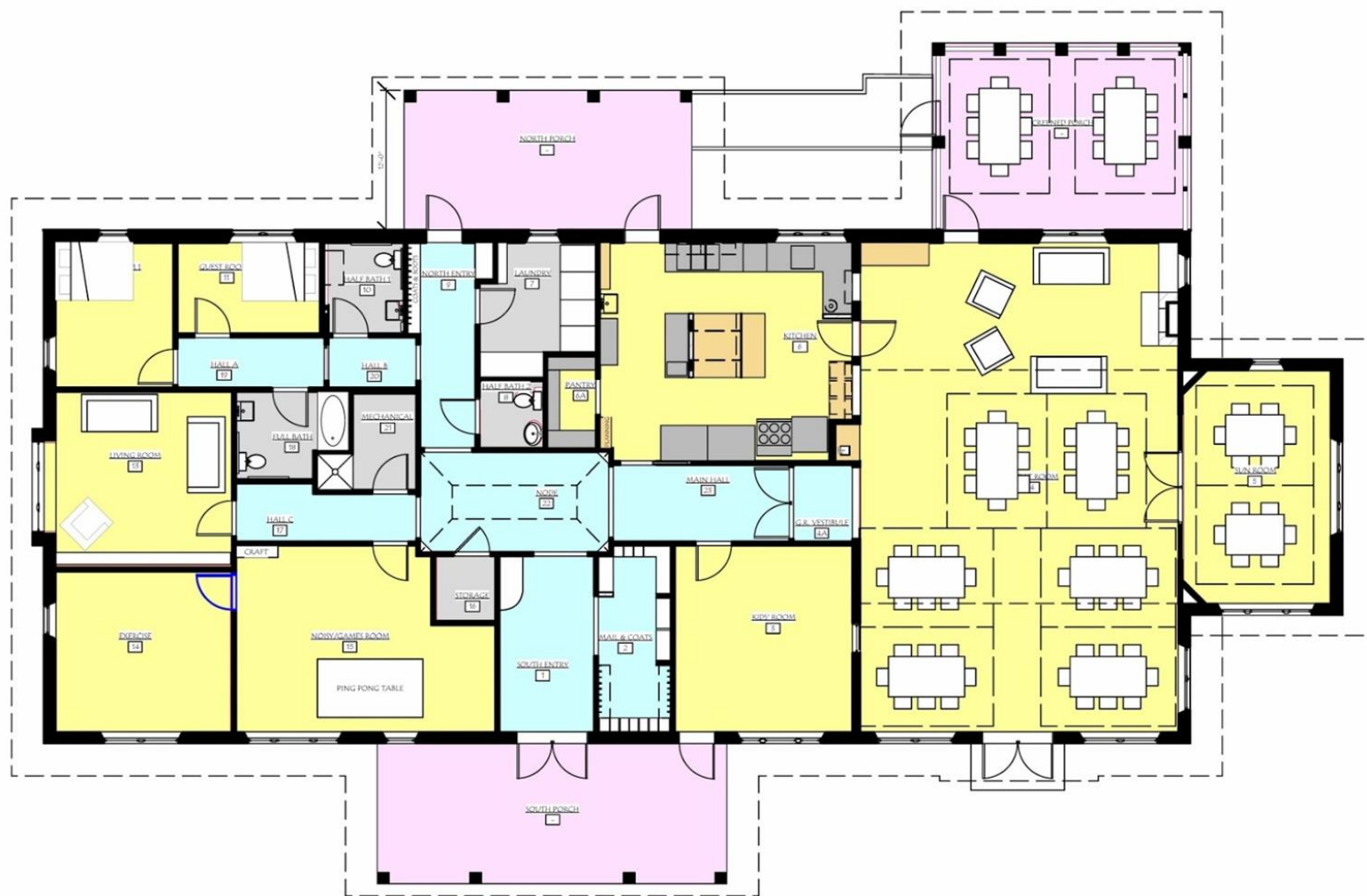
Kids' Room

Laundry

Library

Offices

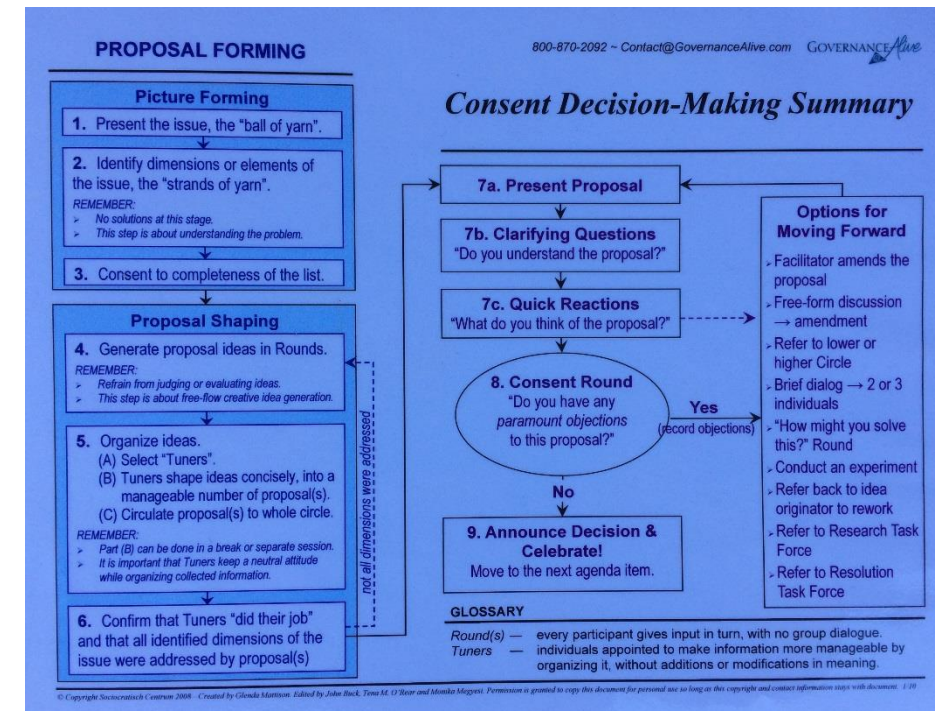
Workshop



Common Characteristics Participation



Common Characteristics Self-Governance



Common Characteristics Sustainable Approaches



Common Characteristics Sharing Resources



Living in Cohousing

Living in Cohousing Common Meals



Living in Cohousing

Cooking (and dish washing)



Living in Cohousing Spontaneity



Living in Cohousing Children



Living in Cohousing Elders



Living in Cohousing Proactive about Conflict Resolution



Living in Cohousing Community teams

Finance

Community Life

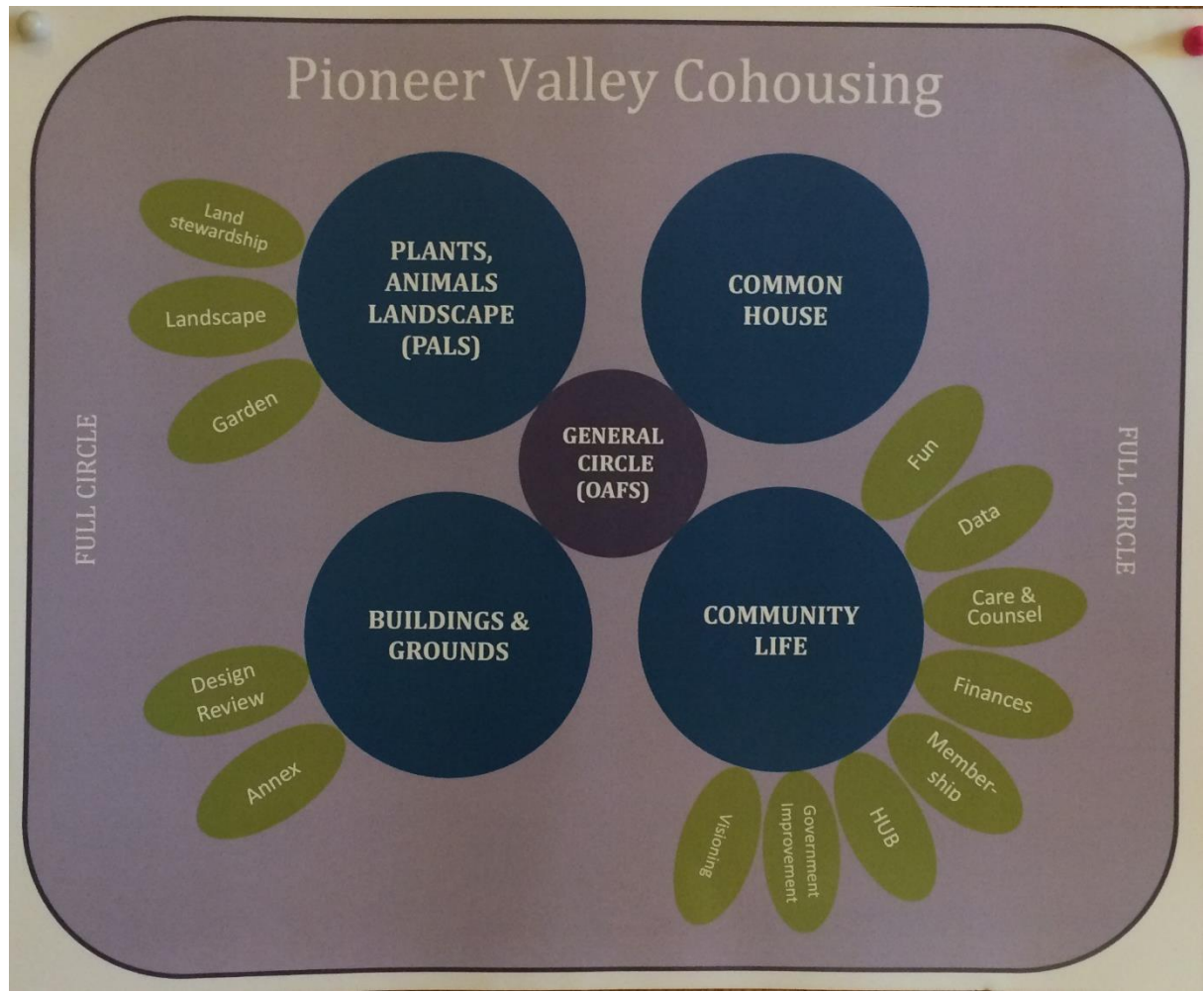
Common House & Meals

Membership

Facilities / Maintenance

Landscape

Design / Development



Types of Cohousing

Types of Cohousing Urban

Cambridge Cohousing
Cambridge, Massachusetts



Types of Cohousing Urban

Jamaica Plain Cohousing
Boston, Massachusetts

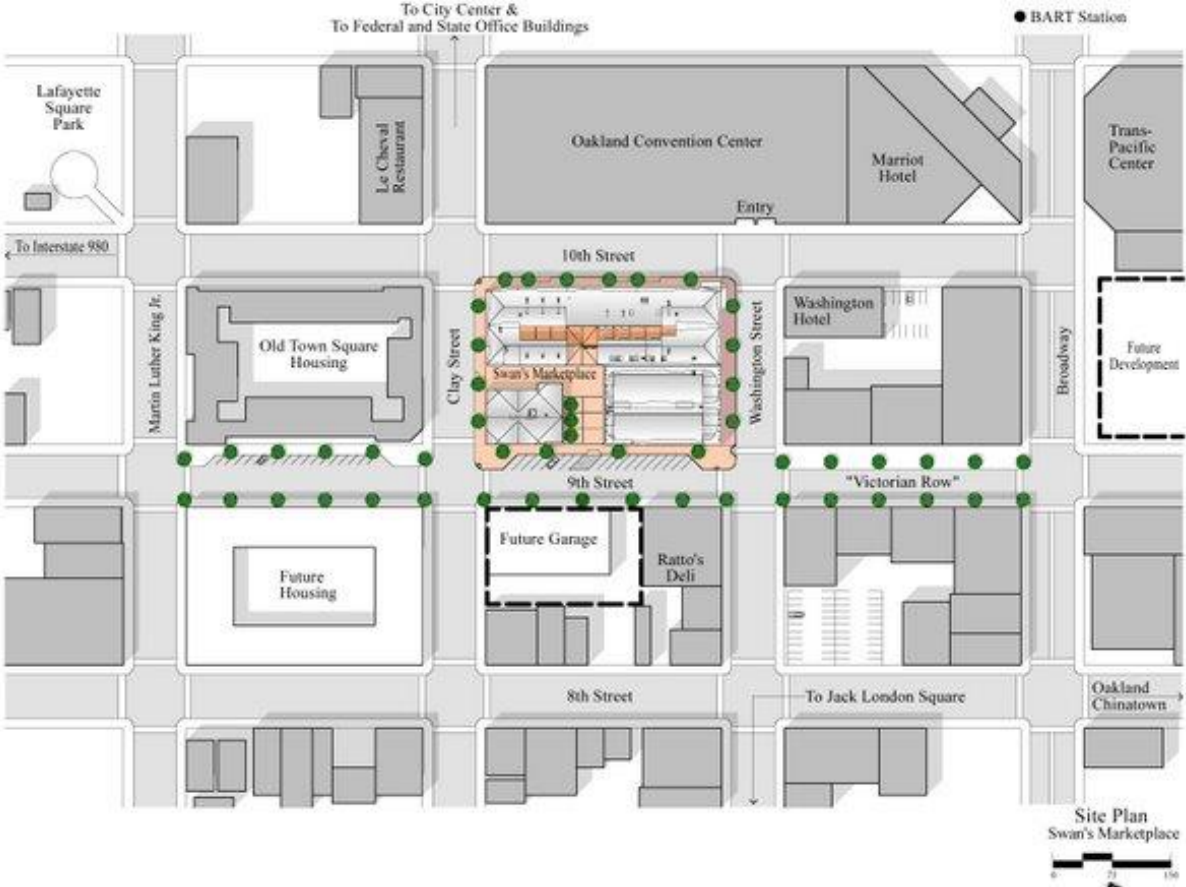


Types of Cohousing Urban

Quayside Village
Lonsdale, British Columbia



Types of Cohousing Urban / Adaptive Reuse



Swans Market
Cohousing
Oakland, California



Types of Cohousing Urban / Adaptive Reuse

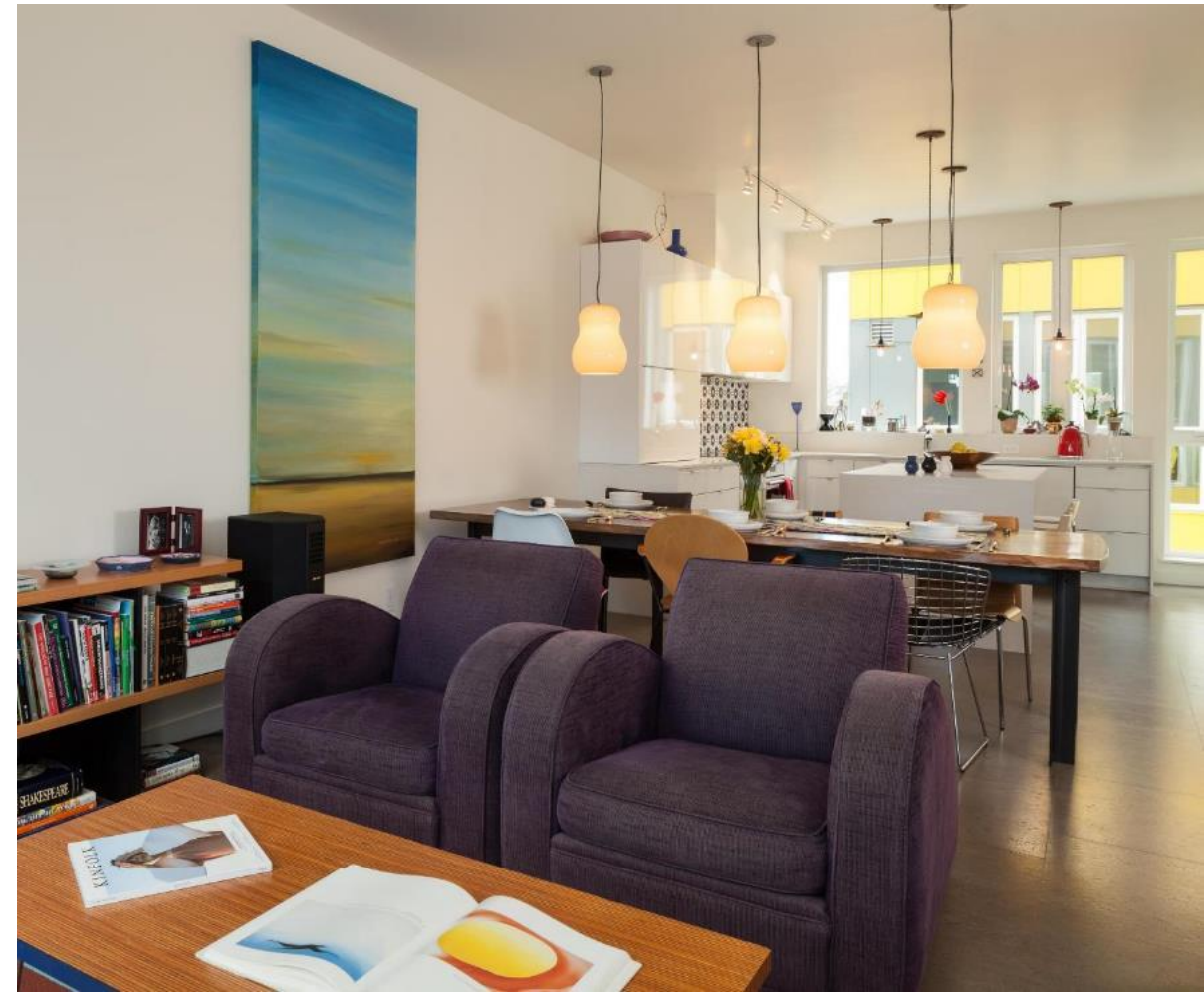


Eastern Village Cohousing
Silver Spring, Maryland



Types of Cohousing Urban Infill

Capitol Hill Urban Cohousing
Seattle, Washington
9 units – 4,500sf



Types of Cohousing Suburban

Mosaic Commons Cohousing
Berlin, Massachusetts



Types of Cohousing

Retrofit Cohousing

N Street Cohousing
Davis, California



Champlain Valley Cohousing Charlotte, Vermont

CSA = Community Supported
Agriculture



Types of Cohousing Rural with CSA



Types of Cohousing Rural with Farm

Cobb Hill Cohousing
Hartland, Vermont



Types of Cohousing Rural with Farm

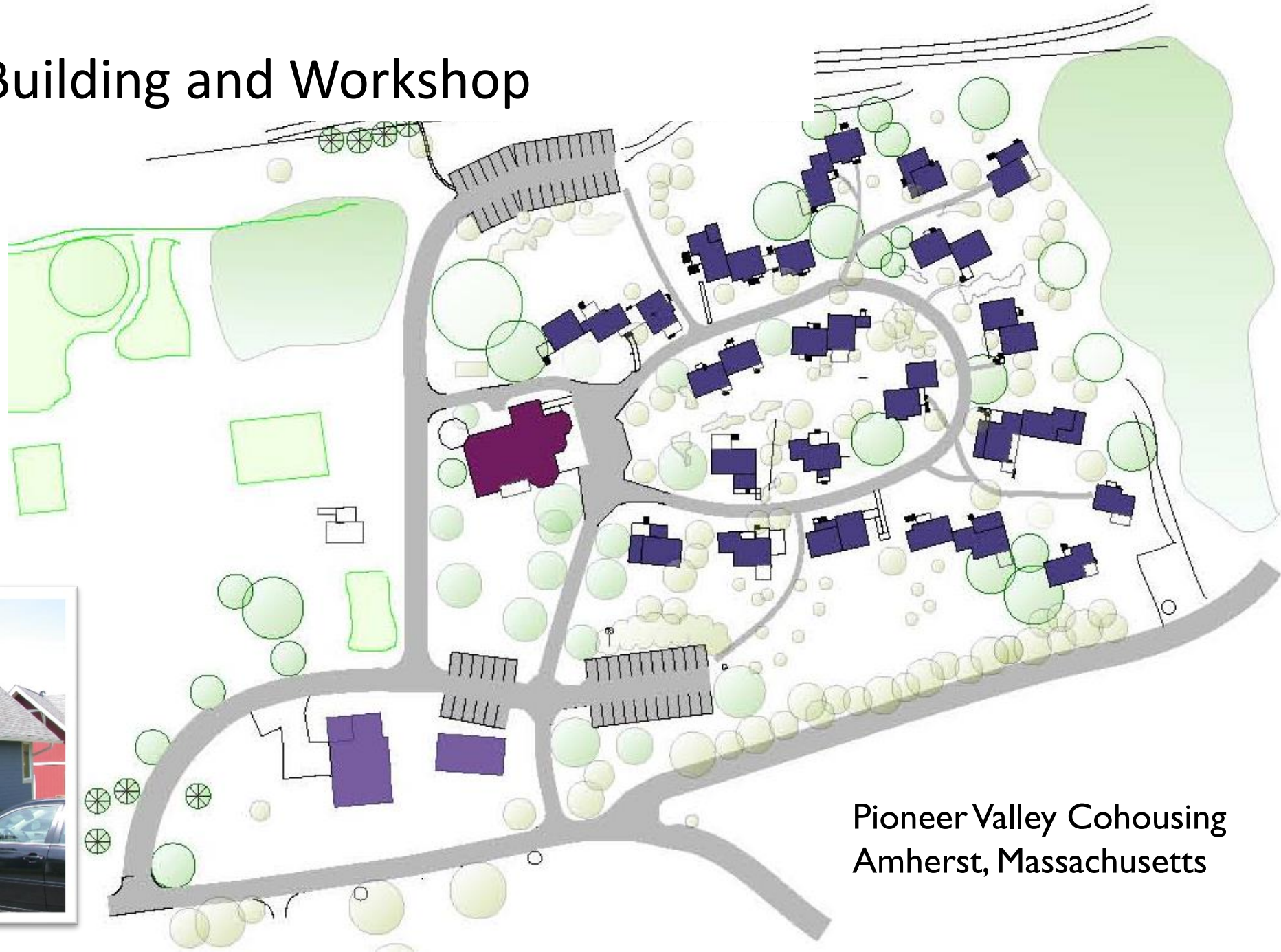


Nubanusit Neighborhood and Farm
Peterborough, New Hampshire



Types of Cohousing

Rural with Office Building and Workshop



Pioneer Valley Cohousing
Amherst, Massachusetts

Types of Cohousing

3 communities within Ecovillage

Ecovillage at Ithaca
Ithaca, New York



Types of Cohousing

Adjacent Communities

Wild Sage
Multi-generational Cohousing
Boulder, Colorado



Silver Sage
Senior Cohousing
Boulder Colorado



Types of Cohousing Energy - Efficient

Belfast Cohousing
Passive House Standard
Belfast, Maine



Village Hill Cohousing
Net-Zero Energy Ready
Northampton, Massachusetts



Types of Cohousing South Africa – Workforce housing



The Izandla Project
Memel, South Africa
www.memelorganics.com



South Africa – Workforce housing

Memel Guesthouse



Economic Development



Petaluma Avenue Homes
(affordable housing project)
Sebastopol, California

Types of Cohousing

Cohousing inspired

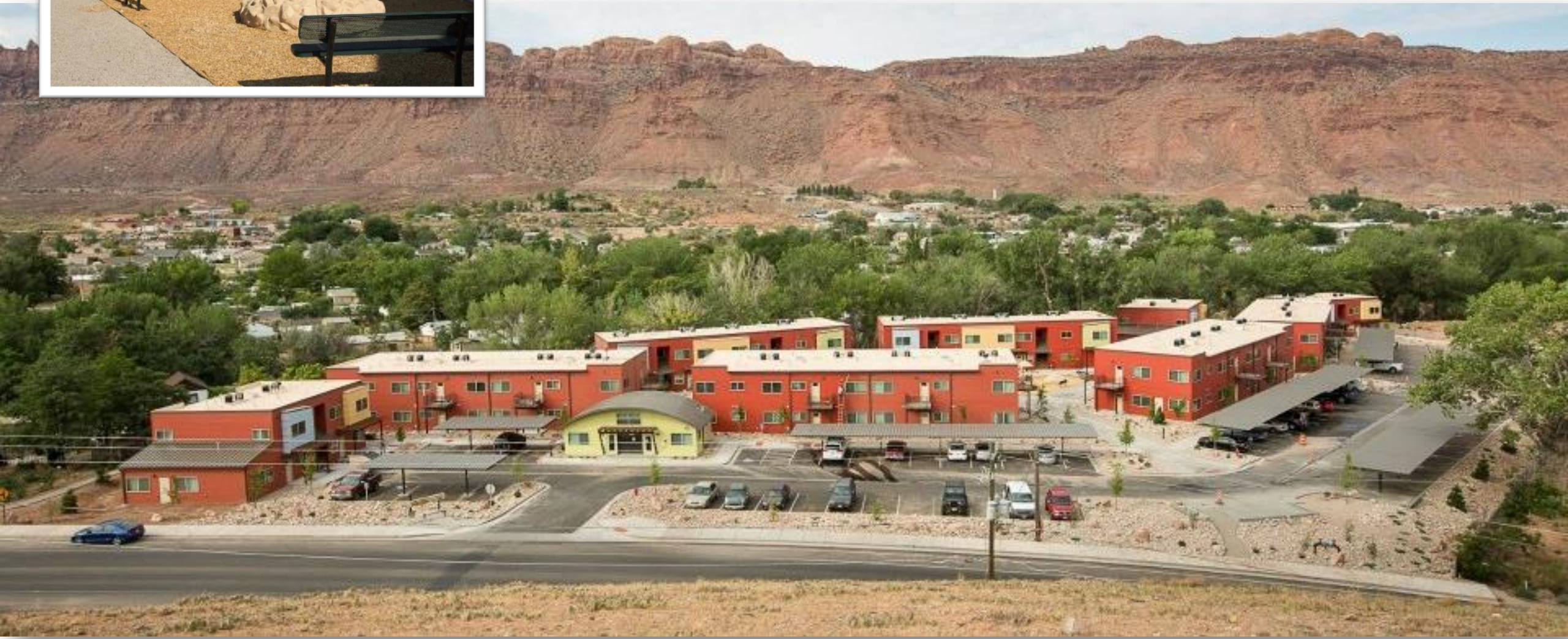


Types of Cohousing

Cohousing inspired



Cinema Court
(affordable housing project)
Moab, Utah



Gordon H. Mansfield Veterans' Community
By Soldier On for homeless veterans
Pittsfield, Massachusetts

Cohousing inspired – supportive housing



Treehouse
for foster-adoptive families
Easthampton, Massachusetts



Getting Started

Getting started Deliberate Neighborhood Design



Two Parallel tracks

Professional Track

- Feasibility Study
- Design
- Construction

Group Track

- Study Group I: Consciousness Raising
- Study Group II: Design
- Study Group III: Policy

Cohousing Professionals – who are they and what do they do?

Development Consultant. Manages the financing, design, and construction decisions on behalf of the community (with community input.)

Project Manager. A member (or paid representative) of the community that serves as the primary contact for all other professionals.

Facilitator. A member (or paid representative) who helps communities build up skills to plan and run their own meetings.

Architect. Assists community in designing their project, permitting, and overseeing construction

Engineers. Structural, mechanical, electrical, civil, geotechnical or acoustic engineers or land surveyor

Construction Manager. aka Owner's rep – acts on the community's behalf during construction to ensure that construction is in conformance with the intent of the community's vision. May be an outside consultant or paid community member.

Legal Counsel. Helps the community in the formation of the legal entity, drafting Bylaws and Articles of Incorporation

Consciousness Raising

Is cohousing (senior or multigenerational) for you?



Getting started

Study Group II:

Participatory Design Process



Getting started
Study Group III

Policy



Jargon

Burning Souls. The passionate individuals that initiate or perpetuate a group.

Member / Prospective Member / Associate Member Various levels of membership within a community, each with its particular privileges and responsibilities.

Ecovillage. urban or rural communities of people, who strive to integrate a supportive social environment with a low-impact way of life.

Senior vs. Multigenerational. Multigenerational is typical cohousing model. Senior cohousing is a newly emerging model focused on exclusively senior populations.

Consensus vs Dynamic Governance decision making. Commonly utilized decision-making processes for cohousing communities.

Common Meals. Meals prepared and shared by community members.

Common Areas. Areas shared in common (common house and site).

Shared Work. Reducing domestic work and making it more fun.

Taking control of your life!



Cohousing Association of the US (CohoUS)
www.cohousing.org

Cohousing Association of US



*Creating Community,
One Neighborhood at a
Time*
*Join 2017 National
Conference*



Resources	What is Cohousing?	Cohousing Directory	Connecting with Cohousing	Classified Ads
Contact Us	My account			

- [Finding Cohousing](#)
- [Creating Cohousing](#)
- [Living in Cohousing](#)
- [Aging in Cohousing](#)
- [Group Process](#)
- [Donate to Coho/US](#)



Cohousing Association of US

Directory

To add your community to this list or to edit your listing, [click here](#). For Canadian Cohousing Communities, [click here](#)

Community	City	Units	Acres	Status
Alaska				
Tamarack Knoll Community	Fairbanks	6	80	Completed 2004
Arizona				
Manzanita Village	Prescott	36	13	Building
Milagro Cohousing	Tucson	28	43	Completed 2002
Sonora Cohousing	Tucson	36	5	Completed 2000
Stone Curves Cohousing	Tucson	48	5	Completed 2004
California				
Allelous Cohousing	Pasadena	19	2	Completed
Auburn Cohousing Group	Auburn			Forming
Berkeley Cohousing	Berkeley	15	1	Completed 1997
Buddhist CoHousing				Forming
Calderon Cohousing	Mountain View	18	1	Building
Coastal Cohousing	Ventura			Forming
Cornell Village CoHousing	Windsor			Forming

Cohousing_list serve

From: cohousing-l-request@cohousing.org
To: cohousing-l@cohousing.org
Cc:
Subject: Cohousing-L Digest, Vol 65, Issue 26

Send Cohousing-L mailing list submissions to
cohousing-l@cohousing.org

To subscribe or unsubscribe via the World Wide Web, visit
<http://lists.cohousing.org/mailman/listinfo/cohousing-l>
or, via email, send a message with subject or body 'help' to
cohousing-l-request@cohousing.org

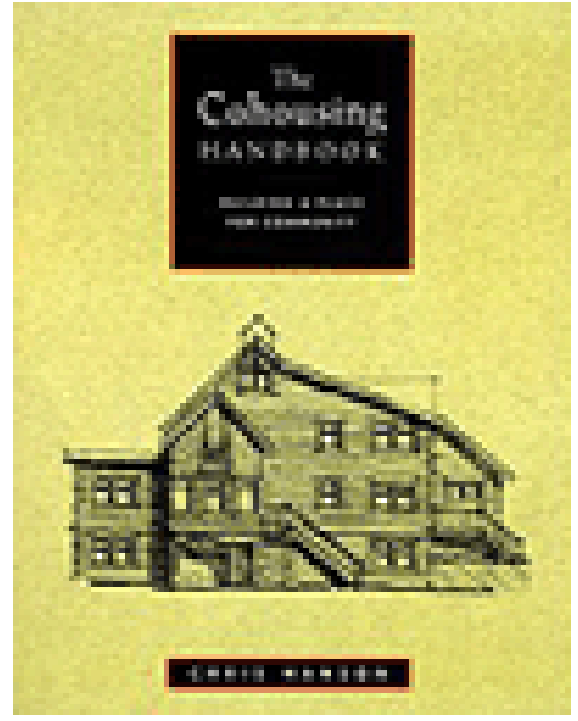
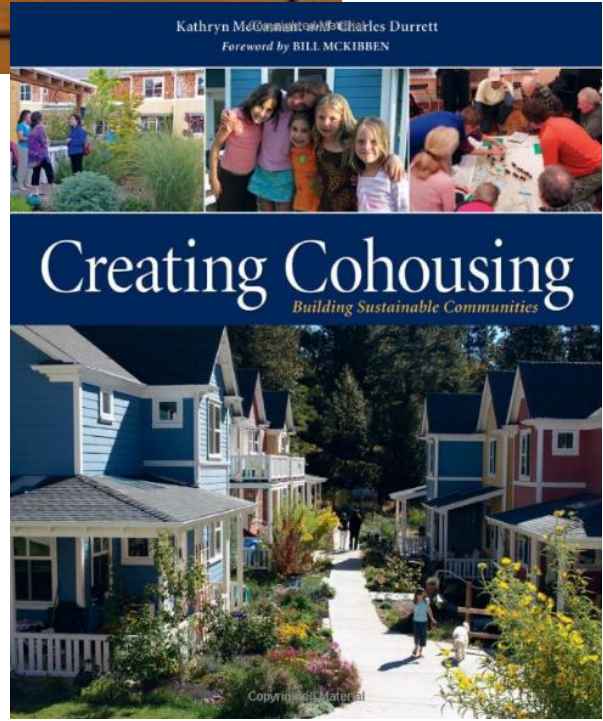
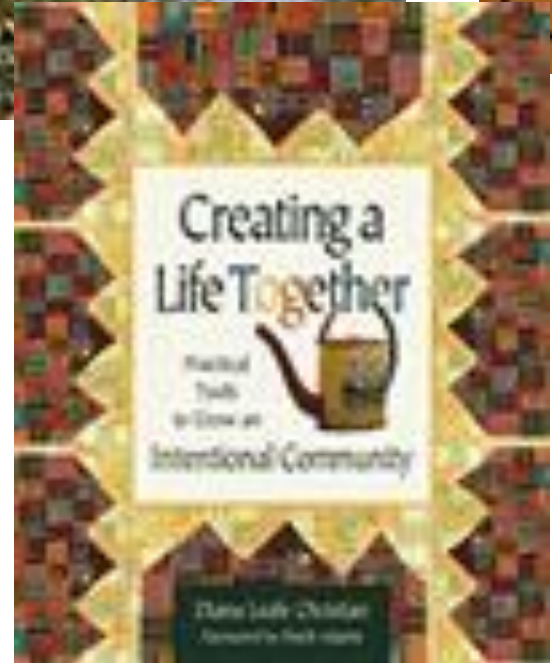
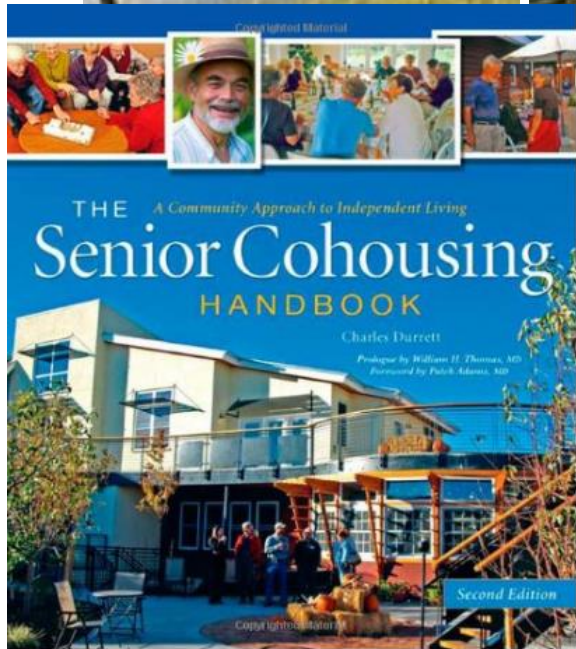
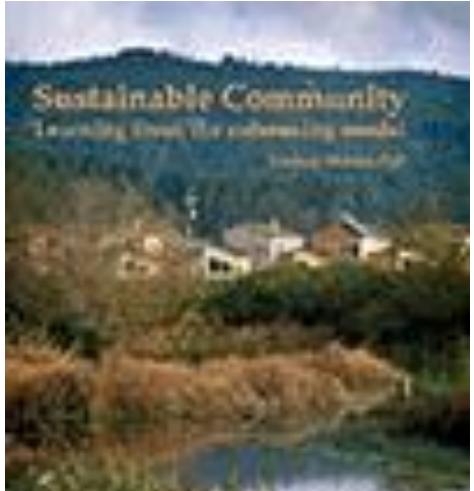
You can reach the person managing the list at
cohousing-l-owner@cohousing.org

When replying, please edit your Subject line so it is more specific than "Re: Contents of Cohousing

Today's Topics:

1. Re: "Instant Cohousing" (Bob Morrison)
2. Upstate New York community forming! (April M Roggio)
3. Re: "Instant Cohousing" (joyce thorn)
4. 2009 Pre-conference workshops (Craig Ragland)
5. 2009 Coho Conf: Wed Lunch (Craig Ragland)
6. Re: "Instant Cohousing" (Kay Argyle)

Books



FACD and Slideshows

Fitch Architecture & Community Design, Inc.
(413) 549-5799
www.facdarchitects.com

Laura Fitch: lfitch@facdarchitects.com

<https://www.facdarchitects.com/resources/cohousing-slideshows/>



O que é cohousing?

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2017